

Silent messages – Workshop for teachers

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Dance is primarily a “silent” language, created and expressed by the body. In this workshop, we will be examining dance as experimentation with the body, and not as learning process of a particular technique or style. We will be trying to find new ways for our body language or discover new means for expression, creativity and communication, by approaching movement through exploration. Finally, we will try to interpret the silent messages that movement and dance send us. The aim is to view dance and movement as a means to enhance the children’s psycho-physical, emotional and creative development, and to provide the participants with methods for experiencing, reading and interpreting a dance show.

The work will be developed taking into to account the response of the individual participants. Specific training in dance is not required to take part in the workshop.